



PLAY



LEARN



GROW

Are you a parent or caregiver looking to bond with your child(ren) through play, while nurturing their development? Then join one or all of Sunrise's weekly Playgroups! Geared towards children ages prenatal through six years old, and siblings are welcome.

Weekly **PLAYGROUPS** with **Sunrise Family Resource Center** *Strengthening Families*

Wednesdays, 10 - 11:30 am

Parent-led!

ARLINGTON COMMUNITY HOUSE

3842 VT Rt. 7A, Arlington

Thursdays, 10:30 am - 12 pm

MANCHESTER COMMUNITY LIBRARY

138 Cemetery St., Manchester Center

(Facilitated by Northshire Day School, through a Sunrise Direct Service Community Grant.)



Saturdays, 10:30 am - 12 pm

SOLOMON WRIGHT LIBRARY

97 Main Street, Pownal

Beginning
5/11/24!

No registration necessary!
Free & open to all!

For more information, call our main office at (802) 442-6934, email us at rsvp@sunrisepcc.com, or visit our website at sunrisepcc.com
Follow us on Facebook for updates and more fun!