

DENTAL CARE

A Parent Education Class

LEARN HOW TO TAKE CARE
OF YOU AND YOUR CHILD'S
ORAL HEALTH



TUESDAY, JANUARY 21ST

10-11AM

OR

THURSDAY, JANUARY 30TH,

2-3PM

Join Sunrise and a Dental Hygienist to learn about oral health, ask questions, and bring home some free oral hygiene tools.



Learn how to properly brush and floss teeth



Explore how diet contributes to oral health



Discover the importance of regular check-ups

**CONTACT US FOR MORE
INFORMATION**



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