



FAMILY VALUES

1. Family values

Define what your personal and family values are and learn how to implement them into your household.

2. Family traditions

Pick family traditions for everyday rituals and holidays to have a more intentional year.

3. Family rules

Create a poster of your family values/rules for everyone to live by.


Tuesday, January 7th, 10-11am

or

Thursday, January 16th, 2-3pm

226 Union Street, Bennington VT

Contact us for more
information

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Join Sunrise in this parent workshop to define what family values are important to you and your family, along with strategies for how to implement them.