

# Baffling Behaviors & Positive Discipline

**Sunrise  
Parent Education**



**3/23/23  
4 - 6 p.m.  
226 Union St.**

As a parent/caregiver, have you ever questioned what your child needs from you? Or have you ever felt like you do not know how to respond to their behavior? If so, then join Sunrise to enhance your understanding of your child's needs, so you can support their ability to regulate their emotions.

## Topics May Include:

- Exploring the social and emotional competence of children.
- Understanding perplexing behaviors.
- Strategies to actively listen to what your child is trying to express and how to respond appropriately.
- How to help your child(ren) resolve conflict and manage anger.

This offering is geared towards parents/caregivers with children ages 0 - 6. Dinner and child care will be provided!

To register, please contact Tiffany Gaglich:  
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