Sunrise Family Resource Center strengthening Families

## MAKING MEALS & MEMORIES

## BACKTO SCHOOL : SCHOOL : SCHOOL

You're invited to spend an evening with Sunrise, Making Meals & Memories!

- · Cook and enjoy a healthy dinner together.
- Engage with your child(ren) in fun activities and crafts.
- Bring home an activity bag: books, games, and healthy snacks.

Making Meals & Memories will be offered once a month, with a unique theme every month. You do not need to be a member of Sunrise's other programs to participate! Families throughout Bennington County are encouraged to attend.

AUGUST
20 TH
2'24

226 UNION ST. 4:00 - 6:00 PM



Join us for <u>BBQ & GAMES</u> and to celebrate the end of summer and the beginning of a new school year! Activities and meal will be geared toward families with children in 3rd grade and up.

RSUP

rsvp@sunrisepcc.com or (802) 442-6934