



# Daily Routines

Sunrise Parent Education

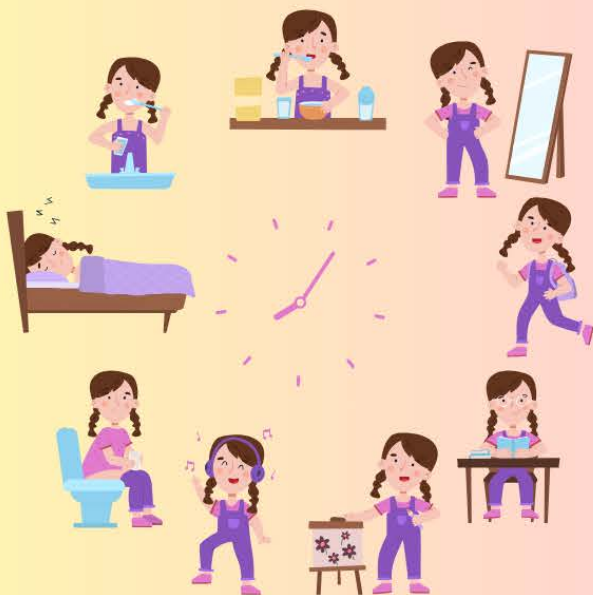


[sunrisepcc.com](http://sunrisepcc.com)

8/21/24 | 10 am -12 pm | 226 Union St.

Come join us to create simple routines to help support your day with your little one(s)! Having the same daily schedule can help kids make healthy relationships at all ages. Open to anyone in the community and geared towards families with children ages birth- 6 years.

**No child care will be provided and light refreshments will be served.**



RSVP recommended! To register, please call the main office at (802) 442-6934 or email [rsvp@sunrisepcc.com](mailto:rsvp@sunrisepcc.com)

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