

## **WIC SHOPPING**

fresh & healthy

Do you face challenges when it comes to getting all of your WIC food benefits?

Join us and WIC to learn about:

- · Finding the qualifying food
- · Making meals out of the items you do get
- Using all of the items

THURSDAY OCTOBER 17TH 10AM-12PM 226 UNION STREET



RSVP: Call 802-442-6934 or rsvp@sunrisepcc.com

