



**PLAY**



**LEARN**



**GROW**

Are you a parent or caregiver looking to bond with your child(ren) through play, while nurturing their development? Then join one or all of Sunrise's weekly Playgroups! Geared towards children ages prenatal through six years old, and siblings are welcome.

# Weekly **PLAYGROUPS** with **Sunrise Family Resource Center** Strengthening Families

Wednesdays, 10 - 11:30 am

*Parent-led!*

**ARLINGTON COMMUNITY HOUSE**

3842 VT Rt. 7A, Arlington

Thursdays, 10:30 am - 12 pm

**MANCHESTER COMMUNITY LIBRARY**

138 Cemetery St., Manchester Center

(Facilitated by Northshire Day School, through a Sunrise Direct Service Community Grant.)



2nd & 4th Friday of the Month, 10 - 11:30 am

**BENNINGTON FREE LIBRARY**

101 Silver Street, Bennington

Saturdays, 10:30 am - 12 pm

**SOLOMON WRIGHT LIBRARY**

97 Main Street, Pownal

No registration necessary!  
Free & open to all!

For more information, call our main office at (802) 442-6934, email us at [rsvp@sunrisepcc.com](mailto:rsvp@sunrisepcc.com), or visit our website at [sunrisepcc.com](http://sunrisepcc.com)

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