



PLAY, Weekly Playgroups!

LEARN, GROW!

Are you a parent/caregiver looking to bond with your child(ren) through play, while nurturing their development? Then join one or all of Sunrise's weekly Playgroups! Geared towards children ages prenatal through six years old, and siblings are welcome. COVID safety protocols will be followed.

Mondays, 10:30 am – 12 pm
SOLOMON WRIGHT LIBRARY
97 Main Street, Pownal

Wednesdays, 10 – 11:30 am
ARLINGTON COMMUNITY HOUSE
3842 VT Rt. 7A, Arlington

Thursdays, 10 - 11:30 am
WILLOWBROOK COMMUNITY ROOM
22 Willowbrook Drive, Bennington

Developmental Benefits Include:

Gross Motor (Physical)

Sensory (Textures)

Cognitive (Learning)
Thinking, understanding, questioning

Social (Interaction)
Communicating, negotiating, taking turns

For more information, contact our
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sunrisepcc.com